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1. Дата и място на раждане: 12.12.1968 г., гр. Девин

2. Образование, квалификация, научни степени и академични длъжности :

Магистър по „биология“ (1992) – ПУ „Паисий Хилендарски”

Доктор по антропология (2003), ПУ „Паисий Хилендарски”

Доцент по анатомия на човека –антропология (2016), ПУ „Паисий Хилендарски”

3. Области на научен интерес: физическа антропология (възрастова морфология), нутрициология.

4. Членство в научни организации:

Българско антропологично дружество

Българско анатомично дружество

Българско дружество по хранене и диететика

Сръбско антропологично дружество

Европейска асоциация по антропология

Европейска асоциация по експериментална морфология

Съюз на учените в България-Смолян

5. Основни публикации:

1. **MLADENOVA, S.**, NIKOLOVA, M. Peculiarities in the increase of somatic and cephalo-facial characteristics in children and adolescents from Smolyan region. *Journal of Anthropology*, vol. 4, BAS, Sofia, **2002**, p. 47-54.
2. **MLADENOVA, S.**, NIKOLOVA, M. Intragroup differences in morphological characteristics in children and adolescents from Smolyan region based on social and economic factors. *Journal of Anthropology*, vol. 4, BAS, Sofia, **2002**, p. 55-58.
3. **МЛАДЕНОВА, С.** Антропологична характеристика на растежа и развитието на деца и подрастващи от Смолянски регион в съвременните условия на живот. *Дисертационен труд, Пловдив, 2003*, с.1 -191.
4. **MLADENOVA S.**, NIKOLOVA M. Components of body mass and their relations during the growth period of the boys. *Proceedings from Balkan Scientific Conference of Biology*, Plovdiv University Press, **2005**, p. 138-150.
5. **MLADENOVA S.** Cephalometric characterization in adolescent girls from region of Central Rodope. *Scientific Researches of Plovdiv University, Biology, HOMO*, **2005** , vol. 41, 6, 99 – 110.
6. **MLADENOVA S.**, NIKOLOVA M., BOYADZHIEV D. Body mass index, some circumference indices and their ratios for monitoring of physical development and nutritional status of children and adolescents. *Acta morphologica et anthropologica*, IEMAM-BAS, Sofia, **2005**, **10**, 59-65.
7. NIKOLOVA M., **MLADENOVA S.** Anthropometric indicators for assessment of body composition., *Acta morphologica et anthropologica*, IEMAM- BAN, Sofia, **2005**, **10**, 51 - 58.
8. **MLADENOVA, S.**, NIKOLOVA, M., GODINA , E. Socioeconomic factors and their role in the processes of intragroup differentiation of certain morphological characteristics in children and adolescents from the Smolyan region (Bulgaria). *Антропология на пороге III тысячелетия*, том 2, Москва, **2005**, 686-697.
9. **MLADENOVA, S.**, BOYADZIEV, D. Puberty and Body Composition of Plovdiv Boys and Girls. *Acta morphologica et anthropologica*, IEMPAM-BAS, **15**, **2010**, 199-205.
10. **MLADENOVA, S.**, KODGEBASHEVA, D. Changes in components of body mass and their relation during period of growth in girls from Smolyan region, Bulgaria (Anthropometric study), *BIOTECH & BIOTECH. EQI*. **24/2010/SE**, 342-346.
11. **MLADENOVA, S.**, NIKOLOVA, M., ANDREENKO E., BOYADZIEV D.

Somatotypological characteristics of Bulgarian children and adolescents from Smolyan region. *Collegium Anthropologicum*. **2010**, Sep;34 (3): 963-971.

12. **MLADENOVA, S.,** MACHOKOVA, I. Assesment of body composition of 7-11 -years old children from Smolyan (Bulgaria) through bioelectrical ipmedance analysis (preliminary data). *Acta morphologica et antropologica*, IEMPAM- BAS, **19, 2012**, 240-245.

13. **МЛАДЕНОВА, С.** Влияние на някои фактори върху основните показатели на физическото развитие на новородените деца в Смолянски регион (1980-2008). *Сборникс доклади от юбилейна научна конференция „Биологически науки за по-добро бъдеще“*, посветена на 50- години БФ на ПУ, УИ „П.Хилендарски“, **2012**, 171 - 185.

14. MITOVA, Z., **MLADENOVA, S.** Anthropometric assessment of sub-cutaneous and visceral adipose tissue in children and adolescents from Sofia and Smolyan (Bulgaria). *Mediterranean Journal of Social Sciences*, Vol 5 No 1 , January **2014**, 369-376.

15. ANDREENKO, E., **MLADENOVA, S.,** AKABALIEV, V. Anthropometric obesity indices in relation to age, educational level, occupation and physical activi ty in Bulgarian men. *Nutricion Hospitalaria*, **2015**, 31(2): 651 – 658.

16. **MLADENOVA, S.,** ANDREENKO, E. Prevalence of underweight, overweight, general and central obesity among 8-15- years old Bulgarian children and adolescents (Smolyan region, 2012-2014). *Nutrition Hospitalaria*, **2015**, Vol 31 (6): 2419-2427.

17. **MLADENOVA, S.,** ANDREENKO, E. The prevalence of high-normal blood pressure and hypertension among 8 to 15-year old Bulgarian children and adolescents with various nutritional status (Smolyan region, 2012-2014). *Anthropologist*, **2015**, 21 (1,2):51:60.

18. ANDREENKO E., **MLADENOVA S.,** AKABALIEV V. Influence of socio-economic, dietary and behavioral factors on overweight and obesity in Bulgarian men. *Anthropologist*, **2015**, 21 (1,2): 71-79.

19. ANDREENKO, E., **MLADENOVA, S.** Changes in somatotype characteristics in the middle-aged Bulgarian men. *Nutricion Hospitalaria* **2015**; 32(6):2910-2915.

20. **MLADENOVA, S.,** ANDREENKO, E. Influence of socio-economic, demographic factors, feeding and physical activity on nutritional status of 8-15-year old Bulgarian children and adolescents: preliminary results. *Nutricion Hospitalaria* **2015**; 32(6): 2559-2569.